




HOVINGHAM

Community Defibrillator



Our Defibrillator is located on the front wall of the Village Hall (Post Code YO62 4LF)

- ♥ This Defibrillator is very easy to use. You don't need training to use it. The machine gives clear spoken instructions – all you have to do is follow them - and it won't shock someone unless they need it.
- ♥ If you come across someone who is unconscious, unresponsive, not breathing or not breathing normally, they're in cardiac arrest.
- ♥ The Defibrillator is portable and easily taken to the patient.
- ♥ Dial 999 and follow the instructions given.
- ♥ Using a Defibrillator alongside **CPR** can dramatically increase the chance of survival from cardiac arrest.
- ♥ There is a step-by-step guide on what to do on the reverse of this sheet **Guide** 

We hope you will not have to use it however, knowing what to do in such an emergency could save a life

Emergency Assistance—Dial 999 Immediately

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HOVINGHAM Community Defibrillator



1



Use of a Defibrillator alongside CPR can dramatically increase the chance of survival from a cardiac arrest.

2



Before treating the patient, check that it is safe to do so. Dangers could include falling debris, electricity, fire, or traffic.

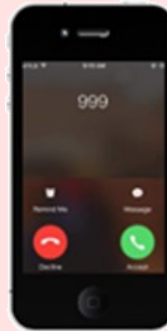
3



Check for a response from the patient. Gently shake their shoulders, and ask if they can hear you.

Do not move the patient, unless they are in danger.

4



If the patient isn't responding, call 999 immediately

Get a bystander to help if you can.

5



If the patient is unresponsive, ensure their airways are clear. Look into their mouth to check for obvious obstructions.

Open the airway by lifting the chin and tilting the head back. Look, listen and feel for breath.

6



If able, send someone to fetch the nearest Defibrillator.

Commence compressions. Your hands should be interlocked with the heel centred on the patient's chest.

7



If giving rescue breaths, after 30 compressions, seal the patients' nose and breathe steadily into the patient's mouth.

Repeat compressions and breaths at a ratio of 30:2 until AED or ambulance staff instruct you to stop.

8



When the Defibrillator arrives, switch it on and follow the spoken instructions.

Pads should be applied to the patient, as shown.

If a shock is required, ensure no one is touching the patient when shock is delivered.

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